

# Counseling Newsletter

SEPTEMBER 2025

## Upcoming:

9/11

First Flex

Western Michigan University visit (Flex)

Hope College visit (Flex)

9/16

Trine University visit (Flex)

Aquinas College visit (Flex)

Holland Area College Night 6:00-7:30pm

9/18

Kettering University visit (Flex)

Wittenberg University visit (Flex)

9/23

Lawrence Tech University visit (Flex)

Wayne State University visit (Flex)

9/25

Michigan State University visit (Flex)

University of Michigan visit (Flex)

9/22 - 9/26

Homecoming Week!

## Holland Area College Night:

The annual Holland Area College Night will be held at Hope College on Tuesday, September 16th from 6:00–7:30 p.m. at Devos Fieldhouse.

Students from all over West Michigan will be there to visit with over 50 colleges, meet the admissions representatives, and learn more about financial aid. Students should register for a barcode before the event ([linked here](#)). Visit the [Hope College website](#) for more details.

## Hand2Hand:

We are excited to be offering the Hand2Hand program again this year to all BC students and families that may benefit from it. This program allows students to pick up items from the Hand2Hand pantry once a week for toiletry and food that would help their family.

The pantry will be located in the Counseling Office. The program is completely confidential.

If this is something your family would benefit from, please have a parent or guardian complete this [form](#).

## Flex College Visits:

Did you know that last school year we hosted over 30 college rep visits during Flex? Keep an eye on the TV's in the hallways for updates on who is coming each week! The dates listed above are subject to change.

## Emergency Mental Health Resources:

Suicide hotline: 9-8-8 (free, anonymous, available 24/7)

Trevor Project 1-866-488-7386 (call, text or online chat)

Network 180- (616) 336-3765 The Access Center remains open 24/7

Text "nice" to 741741

[Mental Health Resource Guide](#)